

Additional Information

Current consultations

Place Making and Community Engagement Sign Up

The way we are engaging with our residents is changing - and we want you to have your say

Place making is a process of community engagement where the opinions and desires of the community are used to inform the future of the places we live, work and play - and by getting involved and telling us what matters to you, we can make sure the voices of all Scottish Borders residents are heard.

Sign up to receive updates from Scottish Borders Council on community engagement events in your areas, to find out about active consultations, funding opportunities, and who to contact when you have an amazing idea to benefit your neighbourhood.

[Have Your Say - Place making and Community Engagement Sign Up - Scottish Borders Council - Citizen Space](#)

Food Conversation

Thanks to those who attended the Food Conversation on 26th August. It was a good discussion between local services and volunteers and the conversation / actions will continue outwith the meeting. Key points from the meeting included:

- Community cafes and food Larders are helping to reduce some of the need for to Foodbanks – if anyone is interested in cook clubs within your area then let us know.
- Access to food via Fareshare and donations are less with less food choice available
- Look to implement a more consistent approach to Breakfast Clubs across the Borders
- Support for individuals with cooking – there is a new programme starting in Selkirk, providing individuals with the skills to cook – If anyone needs a hand to develop sessions like this, then get in touch

Conversations to set up a Low and Slow programme in Cheviot are ongoing

Community Choices

The e-learning module is now available for SBC staff to complete. It is designed to increase knowledge, understanding and awareness of how departments within SBC can work with the community to make decisions on budget spend.

Community Empowerment:

Currently, there are no formal Participation Requests being considered within the Cheviot area. SBC is currently working with and advising groups on requests for 3 asset transfer requests.

For information about the Community Empowerment (Scotland) Act 2015: [Parts of the Act | Community Empowerment \(Scotland\) Act 2015 | Scottish Borders Council \(scotborders.gov.uk\)](#)

Place Making

A place based approach is about understanding the potential of a place and coordinating action to improve outcomes, with community participation at the heart of the process. For information, tools and resources on place based approaches visit [Our Place](#)

Area Partnerships' information pack:

[Cheviot Area Partnership | Scottish Borders Council \(scotborders.gov.uk\)](#)

[Community engagement, planning and ownership | Area Partnership information pack | Scottish Borders Council \(scotborders.gov.uk\)](#)

Community Councils:

Scottish Community Councils Latest News, including information about funding opportunities and national consultations:

[Community Council News](#)

Scottish Borders Council Meetings

[Browse meetings - Scottish Borders Council - Scottish Borders Council \(modern.gov.co.uk\)](#)

Heating & energy:

www.scotborders.gov.uk/affordablewarmth

Debt Advice:

[Citizens Advice Bureau](#)



Download the NHS
Borders Money Worries
App here

NHS Money Worries App – download from Google Play or the App Store

Covid-19 vaccination programme

www.nhsborders.scot.nhs.uk/patients-and-visitors/covid-19-vaccination-programme/

NHS Borders website for current updates:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/coronavirus/>

Business support

<https://www.scotborders.gov.uk/covid19business>

<https://findbusinesssupport.gov.scot/>

General Funding:

<https://fundingscotland.com/>

<https://www.tnlcommunityfund.org.uk/>

[Community grants and funding | Scottish Borders Council \(scotborders.gov.uk\)](#)

[SBC Community Fund](#)

[SBC Enhancement & Welfare Trust](#)

NHS Borders Wellbeing Service:

<http://www.nhsborders.scot.nhs.uk/patients-and-visitors/our-services/general-services/wellbeing-service/>

NHS Borders Wellbeing Point:

www.nhsborders.scot.nhs.uk/wellbeingpoint

<https://www.rcot.co.uk/conserving-energy>

This includes pacing, fatigue management and some ideas about restarting gentle exercise

<https://www.yourcovidrecovery.nhs.uk/>

This covers most aspects, including information from physiotherapy and occupational therapy websites

<https://www.chss.org.uk/advice-line-nurses/>

Phone or email to access their support/advice